

**Narcoossee Middle School**  
**Digital Learning Bell Schedule 2020-21**



M, T, R, F

Period	Time	Course	Teacher	To-Dos	Wednesday
1	9:20-10:06			→Log into Teams page → Check announcements →Submit any homework	9:20- 10:02
<b>4 Minute Break- Stretch, take a walk around your house</b>					
2 and Lunch	10:10-10:54			→Log into Teams page → Check announcements →Submit any homework	10:00- 10:47
W.I.N.	10:58-11:28	<b>"What I Need Time" (Ex. Start homework, exercise, study)</b>			- - -
3 and Lunch	11:32-12:16			→Log into Teams page → Check announcements →Submit any homework	10:51-11:32
<b>4 Minute Break- Take 5 deep breaths, watch a funny video</b>					
4 and Lunch	12:20-1:04			→Log into Teams page → Check announcements →Submit any homework	11:36-12:17
<b>4 Minute Break- Check on a friend</b>					
5 and Lunch	1:08-1:52			→Log into Teams page → Check announcements →Submit any homework	12:21-1:02
<b>4 Minute Break- Stretch, do an exercise</b>					
6 and Lunch	1:56- 2:40			→Log into Teams page → Check announcements →Submit any homework	1:06-1:47
<b>4 Minute Break- Think of two things you have done well today</b>					
7	2:44- 3:28			→Log into Teams page → Check announcements →Submit any homework	1:51-2:32
<b>4 Minute Break- Listen to favorite song, dance along since you are almost done!</b>					
8	3:32-4:20			→Log into Teams page → Check announcements →Submit any homework	2:36-3:20
<b>Finish up any homework, review your notes, and end the day with some fresh air outside. Tomorrow is a new day!</b>					