**IT’S ALL ABOUT YOU!**

Brag Sheet

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Counselor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ID #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Birth date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

List your **activities, leadership positions, and honors** and “X” the appropriate grade level(s).  (You may explain details of significant activities on the back of this paper.)

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Activities | 9 | 10 | 11 | 12 | Activities | 9 | 10 | 11 | 12 |
| 1. |  |  |  |  | 7. |  |  |  |  |
| 2. |  |  |  |  | 8. |  |  |  |  |
| 3. |  |  |  |  | 9. |  |  |  |  |
| 4. |  |  |  |  | 10. |  |  |  |  |
| 5. |  |  |  |  | 11. |  |  |  |  |
| 6. |  |  |  |  | 12. |  |  |  |  |

**Community Involvement** – List appropriate hours per activity per year

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | 9 | 10 | 11 | 12 |  | 9 | 10 | 11 | 12 |
| 1. |  |  |  |  | 5. |  |  |  |  |
| 2. |  |  |  |  | 6. |  |  |  |  |
| 3. |  |  |  |  | 7. |  |  |  |  |
| 4. |  |  |  |  | 8. |  |  |  |  |

**Special Recognition, Awards, and Honors** especially any leadership evidence

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | 9 | 10 | 11 | 12 |  | 9 | 10 | 11 | 12 |
| 1. |  |  |  |  | 5. |  |  |  |  |
| 2. |  |  |  |  | 6. |  |  |  |  |
| 3. |  |  |  |  | 7. |  |  |  |  |
| 4. |  |  |  |  | 8. |  |  |  |  |

**Work Experience**: Include summer as well as part-time/full-time throughout the year.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | 9 | 10 | 11 | 12 |
| 1. |  |  |  |  |
| 2. |  |  |  |  |
| 3. |  |  |  |  |
| 4. |  |  |  |  |

List all **AP Courses** you have taken

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Course Name | 9 | 10 | 11 | 12 | Course Name | 9 | 10 | 11 | 12 |
| 1. |  |  |  |  | 7. |  |  |  |  |
| 2. |  |  |  |  | 8. |  |  |  |  |
| 3. |  |  |  |  | 9. |  |  |  |  |
| 4. |  |  |  |  | 10. |  |  |  |  |
| 5. |  |  |  |  | 11. |  |  |  |  |
| 6. |  |  |  |  | 12. |  |  |  |  |

 List below **the places** for which you will need a recommendation:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Institution/Scholarship | Due Date | Contact Person | Mail, Fax, Email | Date Sent |
| 1. |  |  |  |  |
| 2. |  |  |  |  |
| 3. |  |  |  |  |
| 4. |  |  |  |  |

We need quotes for our letters of recommendation.  **Select two teachers to write a wonderful quote about you** in the spaces below.  This quote should support the characteristic you choose in questions 2 below.

|  |  |
| --- | --- |
| Teacher’s Name: | Quote: |
| Teacher’s Name: | Quote: |

What is your **career interest**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**College Major**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Describe yourself** in 3 words: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,     \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,    \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Give **an example** of a time you demonstrated the words you used above:

List **3 teachers** at PHS who can contribute information about your scholastic ability, leadership potential, and character:

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please think carefully as your answer the questions below.

|  |
| --- |
| 1. Please describe **your goals for the next 2-3 years** and **how you expect to achieve** them. |
| 2. Please tell which **characteristic you have that sets you apart from your peers**.  Please explain **why** you feel this way and give **an example** of a time you proved this. |
| 3.  Please tell of **anything that you have overcome or a specific need that you have** i.e. first time college student from your family. |